



# ANNUAL REPORT 2025







## *Helping Young Leaders Find Their Stride*





### Highlights

- 2,544 days of running
- 318 total runners across our programs
- Launched a new trail session at Marshall Mountain
- Introduced our first Overnight Running Camp in the Bitterroot
- Expanded programming, including Neurodivergent Programming, Youth Ambassadors, Middle School expansion, and All-Gender Summer Camps
- Unveiled our new inclusive logo
- Moved into a new office space to support our growing staff and programs





#### Neurodivergent Program

-  Personal Buddy for each Participant
-  Sensory Accommodations
-  Partners: MARS & MT Down Syndrome Assoc
-  Offered at Every Site





#### All-Gender Summer Camps

-  Trail & Orienteering
-  Overnight Running Camp
-  Friends
-  Leadership Development

#### Youth Ambassadors

-  Community Service
-  Leadership Development
-  Public Speaking
-  Coaching

#### Middle School

-  Winter Running
-  Run + Art
-  Trail Running
-  Strength Training

### Neurodivergent Program Highlight

*"Belonging isn't about fitting in — it's about being seen, included, and celebrated. During Spirit Week, when Addie and her Go Run Missoula teammates chose to 'twin' in their GRM shirts, it was a powerful reminder that at GRM, every runner belongs exactly as they are."*

-Becky Colman & Addie Colman



*Addie sprinting at practice*

# A Letter from the Director

Dear GRM Friends,

This year marked Go Run Missoula's five-year anniversary — a meaningful moment to reflect on how far we've come and the impact we continue to build together. By age 14, girls are twice as likely to drop out of sports as boys, limiting opportunities to develop leadership skills tied to self-awareness, self-management, and social awareness. At GRM, we address this gap by using the sport of running to keep girls and nonbinary youth engaged, supported, and building skills that strengthen both mental and physical well-being.

I'm proud to share that in 2025, we launched two new initiatives to deepen this impact: our Neurodivergent Program, designed to create inclusive, supportive environments through individualized support, and our Youth Ambassador Program, which empowers GRM graduates to step into leadership roles through mentoring, coaching, and community service. We also held our first Strategic Planning Workshop and expanded our team with three new staff positions, a 401(k) match, and a medical stipend — investments that increased our capacity to serve more youth across more sites while strengthening our financial sustainability.

With the guidance of a dedicated Board of Directors and the support of our community, we are laying the foundation for long-term, sustainable impact. We look ahead to 2026 as a year of refinement — strengthening administrative systems and operational processes to support efficient, sustainable growth and ensure we move forward with intention and care. Thank you for helping us empower confident, healthy, and resilient young leaders — one stride at a time.

With gratitude,



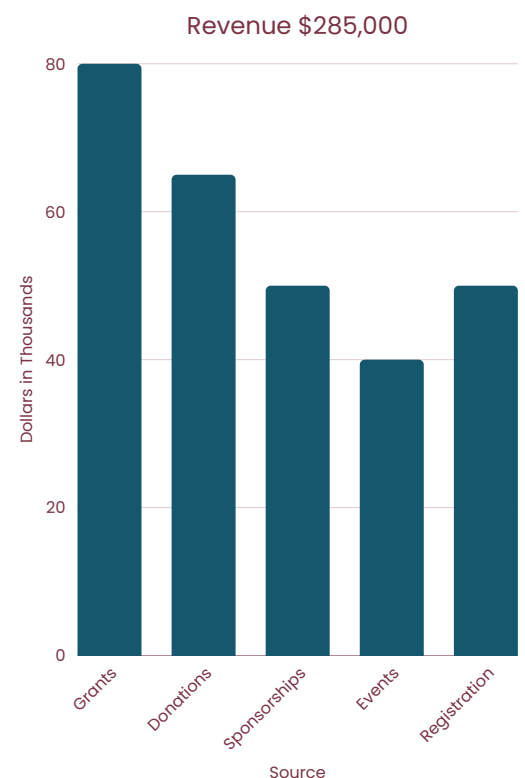
Angela Bridegam  
Executive Director & Founder

## The Numbers

- 37% growth in the number of sessions offered
- \$10,000 in scholarships maintained to support access and equity
- 30% growth in volunteer support
- 40 dedicated Ambassadors continuing to lead and inspire
- 21% increase in registrations
- 13% growth in overall revenue
- 22% of runners participated in more than one GRM season

## Looking to 2026

- We're expanding the GRM Board of Directors — interested in helping shape our future? Ask for an application!
- Introducing the NEW Ride + Run Summer Camp in partnership with MTCX.
- Launching the Buddy Pass Race Program, so GRM participants can race alongside a family member or friend at no cost.
- Expanded summer camps and out-of-school offerings to meet growing community demand.



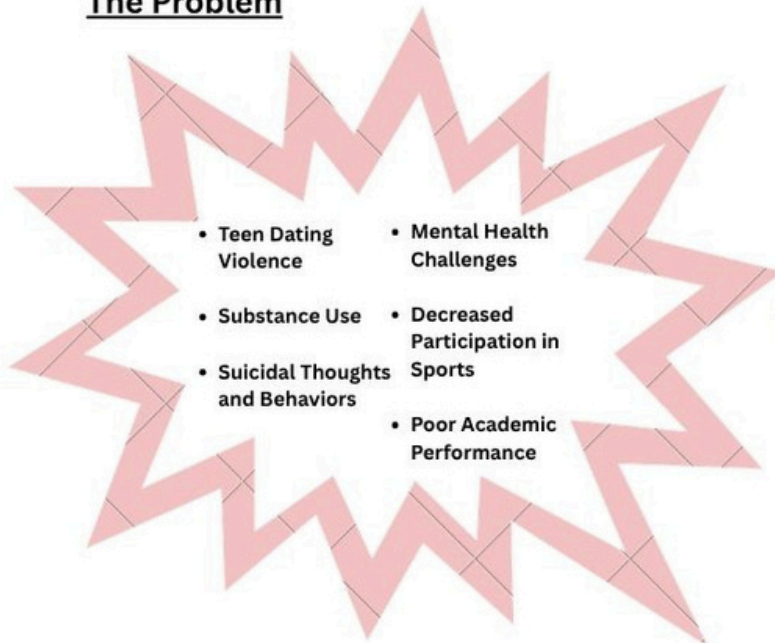
# MORE THAN RUNNING

## THE WHY & HOW OF IT ALL

### Vision

GRM envisions a community where youth confidently navigate peer pressure, achieve challenging goals, stay active, and contribute to their community.

### The Problem



### Pathways

GRM programming aims to provide and foster protective factors for youth to help combat adverse childhood experiences.



## Thank You to Our Sponsors & Partners

Thank you to our sponsors, donors, board members, volunteers, and the families who support our runners every step of the way. Missoula continues to welcome GRM with open arms, and we are deeply grateful to be part of this community.

- Lithia Toyota of Missoula
- Scariano Construction
- MT Imaging Center
- Big Sky PR
- Run Wild Missoula
- Missoula Parks & Recreation
- Endurance Physio
- Alpine Running Guides
- MSU Nursing
- Big Sky Brewing
- WGM Group
- Runner's Edge